



**Dr. Jean-Michel Borys .**  
**Director, EPODE & EEN. France.**

*Dr. Jean Michel Borys is a medical doctor, endocrinologist and nutritionist, He is director of the EPODE Programme since 2004 (Childhood obesity prevention programme) implemented in 226 towns in France and director, since 2007, of the EPODE European Network (EEN). He is an active member of several national and international scientific societies in the area of nutrition, diabetes, obesity. Jean-Michel BORYS has published several monographies for the health sector and for the general public and written numerous scientific papers in the area of nutrition, diabetes, lipidology and cardiovascular diseases. He is the main author of a medical monography on «Childhood obesity » (2004).*

*Today 226 towns in France (EPODE programme), 15 in Belgium (VIASANO Programme), 38 in Spain (THAO Salud Infantil Programme) and 5 in Greece (PAIDEIATROFI programme) are implementing the EPODE methodology across Europe. The EPODE methodology has also raised a lot of interest outside Europe and is currently being implemented by the Government of South Australia in 6 local councils (OPAL Programme) and will be implemented in Mexico in the framework of the National Plan "5 Pasos" launched by the Ministry of Health to promote healthier lifestyles and prevent chronic diseases".*