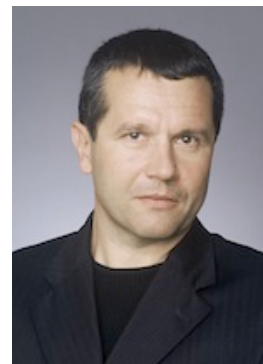


Jean-Michel BORYS, MD

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Date of Birth: 01/31/1960

Married, 4 children



Medical Doctor, Lille, (1984)

Specialist in Endocrinology, Metabolic Diseases and Nutrition (1987)

Executive master Sciences Politiques (2009)

SCIENTIFIC ASSOCIATIONS

French Language Association of Diabetes and Metabolic Diseases (SFD)

American Diabetes Association

American Heart Association

French Society of Atherosclerosis (SFA)

European Association for Study of Diabetes (EASD)

Federation of Endocrinologist Association (FENAREDIAM)

French Association of Nutrition

French Institute of Nutrition

PROFESSIONAL EXPERIENCE

- Medical writer for « QUOTIDIEN DU MEDECIN » (daily medical newspaper), endocrinology, diabetes and nutrition section, since 1983
- Medical consultant at the Centre Hospitalier Universitaire de Lille (Department of Professor FOSSATI) (1987 - 1997)
- Clinical research at the INSERM (1991 - 1992)
- Private practice of Endocrinology, Nutrition and Diabetes since 1987
- Creation and manager of Nutrika in 1992 (Scientific research and Communication in Nutrition)
- Promoter and manager of “Fleurbaix Laventie Ville Santé Study” 1992-2004
- Associate manager of Protéines® Groupe since 1998
- Founder and director of EPODE since 2004
- Founder and director of Epode European Network since 2008

OTHER PROFESSIONAL ACTIVITIES

- Member of Scientific advisory panel
- Scientific consultant for pharmaceutical firms
- Editor of « Lettres Faxées de Diabétologie », « Nutrition », « Obésité », « Lipidologie », since 1995

EXPERT

- Medicines Agency and then ANAES (National Agency for Health Evaluation and Accreditation) (tobacco; diabetes)
- Member of the ANAES working group on “childhood obesity management recommendations”
- Member of the AFSSA (French Food Safety Agency) working group on carbohydrates
- French representative of the Franco-Mexican university medical cooperation group (2004)

BOOKS AND MONOGRAPHS

Books

- “Les kilos des Ados” avec le Dr Serog, (Editions du Nil - 1998)
- “Mincir, choisir sa solution” (Editions ECN, 1999),
- “ Le diabète sans gêne “ (Editions Jacob –Duvernet 2002)
- “ Le cholestérol en questions “ (Editions Jacob –Duvernet 2003)
- “ Je préviens l’obésité de mon enfant” (Editions Balland 2004)
- “ L’obésité de l’enfant” avec le Dr Treppoz (Abrégé Masson, 2004)
- “ Le bien manger aujourd’hui “ (Ed Jacob-Duvernet 2005)
- “ Surveiller son tour de taille pour protéger son Coeur” (Ed Jacob-Duvernet 2006)
- “ L’obésité” Ed Cavalier Bleu (collection idées reçues) 2007
- “ Preventing Childhood Obesity: EPODE European Network”, (Ed Lavoisier, 2011)

Chapters

- “Medecine de l’Obésité” A. Basdevant, Ed Flammarion, 2004
- “Le grand livre des idées reçues” Ed Cavalier Bleu 2008
- “Le grand livre des idées reçues II” Ed Cavalier Bleu 2010
- “Preventing Childhood Obesity: evidence policy and practice” E. Waters, Ed Willey-Blackwell, BMJ, 2010

Monographies

- “La diététique des régions” (Editions Fournier),
- “Athérosclérose à table” (Editions Fournier),
- “Les vitamines dans la pratique quotidienne” (Editions Wyeth),
- “Les aliments du coeur, les aliments du sexe” (Editions Fournier)
- “bière, diabète et syndrome métabolique” (Editions CISB)
- « 100 questions réponses pour arrêter de fumer au féminin » (Editions tabagynne, Pierre Fabre)

PUBLICATIONS

- Since 1983, more than 1000 articles on Nutrition and Endocrinology for « Quotidien du

Médecin »

- relevant publications of Annexes